



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Ingo Walter

Total time: 1:51:45

Club: 1.FFC Saalfeld

Number: 52

Course: 37.00 km

Rank in course/Total: 10 (of 56)

Hexengrund-Triathlon

Rank in course/Men: 10 (of 38)

Best time in course: 1:36:42

Category:

Rank in category: 1(of 3)

AK 50, Senioren 3

Best time in the category: 1:51:45

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:10	22:19	3	0:38	22	11:07	0.50	11:10	22:19	3	0:38	22	11:07
Wechsel Schw.-R	-	2:35	-	2	0:04	19	1:50	0.50	13:45	27:30	3	0:42	20	5:35
Schwimmen Total	0.50	13:45	27:30	3	0:42	20	5:35	0.50	13:45	27:30	3	0:42	20	5:35
Rad netto	29.00	1:02:23	2:09	1	-	4	5:09	29.50	1:16:08	2:34	1	-	8	10:44
Wechsel Rad-Lauf	-	1:05	-	3	0:45	32	0:51	29.50	1:17:13	2:37	1	-	8	11:16
Rad Total	29.00	1:03:28	2:11					29.50	1:17:13	2:37	1	-	8	11:16
Lauf	7.50	34:32	4:36	1	-	14	7:07	37.00	1:51:45	3:01	1	-	10	15:03