



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Dirk Ertner

Total time: 2:23:25

Club: Kids Running Rudolstadt

Number: 29

Course: 37.00 km

Rank in course/Total: 36 (of 56)

Hexengrund-Triathlon

Rank in course/Men: 29 (of 38)

Best time in course: 1:36:42

Category:

Rank in category: 3(of 4)

AK 55, Senioren 4

Best time in the category: 1:43:32

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	17:36	35:12	4	8:52	38	17:33	0.50	17:36	35:12	4	8:52	38	17:33
Wechsel Schw.-R	-	3:47	-	3	3:02	28	3:02	0.50	21:23	42:45	4	11:54	38	13:13
Schwimmen Total	0.50	21:23	42:45	4	11:54	38	13:13	0.50	21:23	42:45	4	11:54	38	13:13
Rad netto	29.00	1:18:28	2:42	3	14:43	28	21:14	29.50	1:39:51	3:23	3	26:37	29	34:27
Wechsel Rad-Lauf	-	0:23	-	2	0:01	8	0:09	29.50	1:40:14	3:23	3	26:25	29	34:17
Rad Total	29.00	1:18:51	2:43					29.50	1:40:14	3:23	3	26:25	29	34:17
Lauf	7.50	43:11	5:45	3	13:28	30	15:46	37.00	2:23:25	3:52	3	39:53	29	46:43