



# 8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

## Detailed evaluation

**Gabi Bröse**

**Total time: 2:51:56**

Club: Kids Running Rudolstadt

Number: 28

Course: 37.00 km

Rank in course/Total: 55 (of 56)

Hexengrund-Triathlon

Rank in course/Women: 17 (of 18)

Best time in course: 1:58:46

Category:

Rank in category: 1(of 1)

AK 55, Seniorinnen 4

Best time in the category: 2:51:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	14:29	28:57	1	-	16	4:36	0.50	14:29	28:57	1	-	16	4:36
Wechsel Schw.-R	-	3:37	-	1	-	14	2:19	0.50	18:06	36:12	1	-	15	6:37
Schwimmen Total	0.50	18:06	36:12	1	-	15	6:37	0.50	18:06	36:12	1	-	15	6:37
Rad netto	29.00	1:44:47	3:36	1	-	17	34:21	29.50	2:02:53	4:09	1	-	17	39:06
Wechsel Rad-Lauf	-	0:36	-	1	-	12	0:22	29.50	2:03:29	4:11	1	-	18	39:28
Rad Total	29.00	1:45:23	3:38					29.50	2:03:29	4:11	1	-	18	39:28
Lauf	7.50	48:27	6:27	1	-	16	34:59	37.00	2:51:56	4:38	1	-	17	53:10