



# 8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

## Detailed evaluation

**Gabi Bröse**

**Total time: 2:51:56**

Club: Kids Running Rudolstadt

Number: 28

Course: 37.00 km

Rank in course/Total: 55 (of 56)

Hexengrund-Triathlon

Rank in course/Women: 17 (of 18)

Best time in course: 1:58:46

Rank in category: 55(of 1)

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen nett     | 0.50     | 14:29      | 28:57        | 1           | -           | 16        | 4:36         | 0.50          | 14:29      | 28:57        | 1        | -           | 16        | 4:36         |
| Wechsel Schw.-R    | -        | 3:37       | -            | 1           | -           | 14        | 2:19         | 0.50          | 18:06      | 36:12        | 1        | -           | 15        | 6:37         |
| Schwimmen Total    | 0.50     | 18:06      | 36:12        | 1           | -           | 15        | 6:37         | 0.50          | 18:06      | 36:12        | 1        | -           | 15        | 6:37         |
| Rad netto          | 29.00    | 1:44:47    | 3:36         | 1           | -           | 17        | 34:21        | 29.50         | 2:02:53    | 4:09         | 1        | -           | 17        | 39:06        |
| Wechsel Rad-Lauf   | -        | 0:36       | -            | 1           | -           | 12        | 0:22         | 29.50         | 2:03:29    | 4:11         | 1        | -           | 18        | 39:28        |
| Rad Total          | 29.00    | 1:45:23    | 3:38         | 1           | -           | 17        | 34:43        | 29.50         | 2:03:29    | 4:11         | 1        | -           | 18        | 39:28        |
| Lauf               | 7.50     | 48:27      | 6:27         | 1           | -           | 16        | 34:59        | 37.00         | 2:51:56    | 4:38         | 1        | -           | 17        | 53:10        |