



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Charles Franzke

Total time: 1:47:49

Club: Kids Running Rudolstadt e.V.

Number: 4

Course: 37.00 km

Rank in course/Total: 6 (of 56)

Hexengrund-Triathlon

Rank in course/Men: 6 (of 38)

Best time in course: 1:36:42

Rank in category: 6(of 4)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:11	18:22	1	-	7	1:51	0.50	9:11	18:22	1	-	7	1:51
Wechsel Schw.-R	-	2:09	-	1	-	13	1:24	0.50	11:20	22:40	1	-	7	3:10
Schwimmen Total	0.50	11:20	22:40	1	-	7	3:10	0.50	11:20	22:40	1	-	7	3:10
Rad netto	29.00	1:08:50	2:22	2	6:19	16	11:36	29.50	1:20:10	2:43	1	-	13	14:46
Wechsel Rad-Lauf	-	0:14	-	1	-	1	-	29.50	1:20:24	2:43	1	-	13	14:27
Rad Total	29.00	1:09:04	2:22	2	6:01	15	11:17	29.50	1:20:24	2:43	1	-	13	14:27
Lauf	7.50	27:25	3:39	1	-	1	-	37.00	1:47:49	2:54	1	-	6	11:07