



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Lara Hoffmeier

Total time: 32:38

Club: Triathlon Jena e.V.

Number: 502

Course: 9.70 km

Rank in course/Total: 1 (of 8)

Juniorhexe 2

Rank in course/Women: 1 (of 3)

Best time in course: 32:38

Category:

Rank in category: 1(of 2)

Juniorhexe 2 0,2/7,0/2,5

Best time in the category: 32:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.20	3:54	19:30	1	-	1	-	0.20	3:54	19:30	1	-	1	-
Wechsel Schw.-R	-	1:11	-	1	-	2	0:13	0.20	5:05	25:24	1	-	1	-
Schwimmen Total	0.20	5:05	25:24	1	-	1	-	0.20	5:05	25:24	1	-	1	-
Rad netto	7.00	16:32	2:21	1	-	1	-	7.20	21:37	3:00	1	-	1	-
Wechsel Rad-Lauf	-	0:14	-	1	-	2	0:01	7.20	21:51	3:02	1	-	1	-
Rad Total	7.00	16:46	2:23	1	-	1	-	7.20	21:51	3:02	1	-	1	-
Lauf	2.50	10:47	4:18	1	-	1	-	9.70	32:38	3:21	1	-	1	-