



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Lenny Ziebell

Total time: 42:53

Club: Saalfelder Schwimmverein

Number: 601

Course: 9.70 km

Rank in course/Total: 7 (of 8)

Juniorhexe 2

Rank in course/Men: 5 (of 5)

Best time in course: 32:41

Rank in category: 7(of 5)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.20	3:50	19:10	2	0:07	2	0:07	0.20	3:50	19:10	2	0:07	2	0:07
Wechsel Schw.-R	-	3:37	-	5	2:27	5	2:27	0.20	7:27	37:15	4	2:02	4	2:02
Schwimmen Total	0.20	7:27	37:15	4	2:02	4	2:02	0.20	7:27	37:15	4	2:02	4	2:02
Rad netto	7.00	20:56	2:59	5	7:19	5	7:19	7.20	28:23	3:56	5	9:07	5	9:07
Wechsel Rad-Lauf	-	0:15	-	4	0:02	4	0:02	7.20	28:38	3:58	5	9:04	5	9:04
Rad Total	7.00	21:11	3:01	5	7:16	5	7:16	7.20	28:38	3:58	5	9:04	5	9:04
Lauf	2.50	14:15	5:42	5	3:48	5	3:48	9.70	42:53	4:25	5	10:12	5	10:12