



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Tina Wilhelmi

Club: Kūlia Coaching

Number: 185

Course: 9.30 km

Kurze Strecke

Category:

Frauen (20-29)

Total time: 41:13

Speed: 13.10 km/h

Running performance: 4:25 min/km

Rank in course/Total: 16 (of 239)

Rank in course/Women: 2 (of 99)

Best time in course: 36:18

Rank in category: 1(of 16)

Best time in the category: 41:13