



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Steffen Langer

Total time: 54:59

Number: 95

Speed: 9.82 km/h

Running performance: 5:54 min/km

Course: 9.30 km

Rank in course/Total: 129 (of 239)

Kurze Strecke

Rank in course/Men: 90 (of 140)

Best time in course: 32:54

Category:

Rank in category: 7(of 12)

Senioren M55 (55-59)

Best time in the category: 39:59