



## 19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

### Detailed evaluation

Carsten Fehringer

Total time: 1:01:11

Number: 31

Speed: 8.83 km/h

Running performance: 6:34 min/km

Course: 9.30 km

Rank in course/Total: 191 (of 239)

Kurze Strecke

Rank in course/Men: 123 (of 140)

Best time in course: 32:54

Category:

Rank in category: 10(of 12)

Senioren M55 (55-59)

Best time in the category: 39:59