



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Frank Jaeger

Club: SV Sömmerda e.V.

Number: 71

Course: 9.30 km

Kurze Strecke

Category:

Senioren M60 (60-64)

Total time: 42:13

Speed: 12.79 km/h

Running performance: 4:32 min/km

Rank in course/Total: 24 (of 239)

Rank in course/Men: 20 (of 140)

Best time in course: 32:54

Rank in category: 1(of 10)

Best time in the category: 42:13