



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Knut Konieczny

Club: SV TU Ilmenau

Number: 83

Course: 9.30 km

Kurze Strecke

Category:

Senioren M60 (60-64)

Total time: 44:45

Speed: 12.07 km/h

Running performance: 4:48 min/km

Rank in course/Total: 35 (of 239)

Rank in course/Men: 29 (of 140)

Best time in course: 32:54

Rank in category: 3(of 10)

Best time in the category: 42:13