



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Klaus Sauerbrey

Total time: 59:42

Number: 142

Speed: 9.05 km/h

Running performance: 6:25 min/km

Course: 9.30 km

Rank in course/Total: 182 (of 239)

Kurze Strecke

Rank in course/Men: 118 (of 140)

Best time in course: 32:54

Category:

Rank in category: 4(of 5)

Senioren M65 (65-69)

Best time in the category: 51:45