



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

uwe michaelen

Total time: 1:07:57

Number: 113

Speed: 7.95 km/h

Running performance: 7:18 min/km

Course: 9.30 km

Rank in course/Total: 222 (of 239)

Kurze Strecke

Rank in course/Men: 133 (of 140)

Best time in course: 32:54

Category:

Rank in category: 3(of 3)

Senioren M70 (70-74)

Best time in the category: 47:13