



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Nicole Heusing

Total time: 50:33

Number: 60

Speed: 10.68 km/h

Running performance: 5:26 min/km

Course: 9.30 km

Rank in course/Total: 88 (of 239)

Kurze Strecke

Rank in course/Women: 22 (of 99)

Best time in course: 36:18

Category:

Rank in category: 3(of 6)

Seniorinnen W30 (30-34)

Best time in the category: 47:35