



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Daniela Oemus

Club: Nike Trail/ SV Motor Königsee

Number: 249

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W35 (35-39)

Total time: 36:18

Speed: 14.88 km/h

Running performance: 3:54 min/km

Rank in course/Total: 6 (of 239)

Rank in course/Women: 1 (of 99)

Best time in course: 36:18

Rank in category: 1(of 15)

Best time in the category: 36:18