



## 19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

### Detailed evaluation

Jenny Gräßler

Total time: 57:10

Number: 45

Speed: 9.45 km/h

Running performance: 6:08 min/km

Course: 9.30 km

Rank in course/Total: 156 (of 239)

Kurze Strecke

Rank in course/Women: 50 (of 99)

Best time in course: 36:18

Category:

Rank in category: 7(of 15)

Seniorinnen W35 (35-39)

Best time in the category: 36:18