



## 19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

### Detailed evaluation

**Tim Spaleck**

Club: Trailrunning-Crew Thüringen

Number: 202

Course: 9.30 km

Kurze Strecke

Category:

Männer (20-29)

Total time: 33:31

Speed: 16.11 km/h

Running performance: 3:36 min/km

Rank in course/Total: 2 (of 239)

Rank in course/Men: 2 (of 140)

Best time in course: 32:54

Rank in category: 1(of 12)

Best time in the category: 33:31