



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Anna-Lena Klee

Club: SC Ostheim

Number: 225

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W40 (40-44)

Total time: 41:35

Speed: 12.99 km/h

Running performance: 4:28 min/km

Rank in course/Total: 19 (of 239)

Rank in course/Women: 3 (of 99)

Best time in course: 36:18

Rank in category: 1(of 23)

Best time in the category: 41:35