



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Nadine Frank

Total time: 1:02:37

Number: 34

Speed: 8.62 km/h

Running performance: 6:43 min/km

Course: 9.30 km

Rank in course/Total: 199 (of 239)

Kurze Strecke

Rank in course/Women: 73 (of 99)

Best time in course: 36:18

Category:

Rank in category: 19(of 23)

Seniorinnen W40 (40-44)

Best time in the category: 41:35