



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Constanze Greiner-Mai

Total time: 1:14:11

Number: 133

Speed: 7.28 km/h

Running performance: 7:58 min/km

Course: 9.30 km

Rank in course/Total: 236 (of 239)

Kurze Strecke

Rank in course/Women: 97 (of 99)

Best time in course: 36:18

Category:

Rank in category: 23(of 23)

Seniorinnen W40 (40-44)

Best time in the category: 41:35