



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Tina Herrling

Club: WalschbergRunners

Number: 57

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W45 (45-49)

Total time: 51:20

Speed: 10.52 km/h

Running performance: 5:31 min/km

Rank in course/Total: 93 (of 239)

Rank in course/Women: 23 (of 99)

Best time in course: 36:18

Rank in category: 2(of 11)

Best time in the category: 41:58