



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Ines Strobach

Total time: 1:10:05

Number: 220

Speed: 7.71 km/h

Running performance: 7:32 min/km

Course: 9.30 km

Rank in course/Total: 228 (of 239)

Kurze Strecke

Rank in course/Women: 93 (of 99)

Best time in course: 36:18

Category:

Rank in category: 11(of 11)

Seniorinnen W45 (45-49)

Best time in the category: 41:58