



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Elke Hildebrandt

Club: Dream Team Ilmenau

Number: 62

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W55 (55-59)

Total time: 49:22

Speed: 10.94 km/h

Running performance: 5:18 min/km

Rank in course/Total: 72 (of 239)

Rank in course/Women: 13 (of 99)

Best time in course: 36:18

Rank in category: 2(of 13)

Best time in the category: 46:40