



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Iris Franzke

Total time: 58:09

Number: 35

Speed: 9.29 km/h

Running performance: 6:15 min/km

Course: 9.30 km

Rank in course/Total: 162 (of 239)

Kurze Strecke

Rank in course/Women: 53 (of 99)

Best time in course: 36:18

Category:

Rank in category: 7(of 13)

Seniorinnen W55 (55-59)

Best time in the category: 46:40