



# 19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

## Detailed evaluation

Luis Brandner

Total time: 47:44

Number: 223

Speed: 11.31 km/h

Running performance: 5:07 min/km

Course: 9.30 km

Rank in course/Total: 55 (of 239)

Kurze Strecke

Rank in course/Men: 46 (of 140)

Best time in course: 32:54

Category:

Rank in category: 7(of 12)

Männer (20-29)

Best time in the category: 33:31