



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Barbara Sachs

Club: Dream Team Ilmenau

Number: 140

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W65 (65-69)

Total time: 52:40

Speed: 10.25 km/h

Running performance: 5:39 min/km

Rank in course/Total: 107 (of 239)

Rank in course/Women: 30 (of 99)

Best time in course: 36:18

Rank in category: 1(of 1)

Best time in the category: 52:40