



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Christina Dingfeldt

Club: ASV 1902 Sangerhausen e.V.

Number: 23

Course: 9.30 km

Kurze Strecke

Category:

weibliche Jugend U20 (18-19)

Total time: 1:03:04

Speed: 8.56 km/h

Running performance: 6:46 min/km

Rank in course/Total: 202 (of 239)

Rank in course/Women: 75 (of 99)

Best time in course: 36:18

Rank in category: 3(of 3)

Best time in the category: 49:46