



# 19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

## Detailed evaluation

Theresa Bertl

Total time: 1:51:27

Number: 304

Speed: 9.69 km/h

Running performance: 6:01 min/km

Course: 18.50 km

Rank in course/Total: 82 (of 112)

Lange Strecke

Rank in course/Women: 12 (of 25)

Best time in course: 1:19:43

Category:

Rank in category: 1(of 1)

Frauen (20-29) L

Best time in the category: 1:51:27

## Intermediate times

## Stage score

## Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.20	54:18	5:54	1	-	13	14:56	9.20	54:18	5:54	1	-	13	14:56
Runde	9.00	56:10	6:14	1	-	12	16:33	18.20	1:50:28	6:04	1	-	12	31:29
Finish	0.30	0:59	3:16	1	-	13	0:15	18.50	1:51:27	6:01	1	-	12	31:44