



# 19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

## Detailed evaluation

**Tobias Reimann**

Club: SV 08 Oehrenstock

Number: 373

Course: 18.50 km

Lange Strecke

Category:

Senioren M55 (55-59) L

Total time: 2:01:28

Speed: 8.89 km/h

Running performance: 6:33 min/km

Rank in course/Total: 100 (of 112)

Rank in course/Men: 79 (of 87)

Best time in course: 1:03:45

Rank in category: 11(of 12)

Best time in the category: 1:20:59

### Intermediate times

### Stage score

### Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde   | 9.20        | 55:06         | 5:59            | 10          | 15:03          | 74          | 23:35         | 9.20          | 55:06         | 5:59            | 10          | 15:03          | 74         | 23:35         |
| Runde   | 9.00        | 1:05:07       | 7:14            | 11          | 24:54          | 85          | 33:30         | 18.20         | 2:00:13       | 6:36            | 11          | 39:57          | 79         | 57:05         |
| Finish  | 0.30        | 1:15          | 4:10            | 12          | 0:32           | 86          | 0:38          | 18.50         | 2:01:28       | 6:33            | 11          | 40:29          | 79         | 57:43         |