



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Mathias Reichardt

Club: SV Pädagogik Hildburghausen

Number: 371

Course: 18.50 km

Lange Strecke

Category:

Senioren M65 (65-69) L

Total time: 1:51:06

Speed: 9.72 km/h

Running performance: 6:00 min/km

Rank in course/Total: 81 (of 112)

Rank in course/Men: 70 (of 87)

Best time in course: 1:03:45

Rank in category: 2(of 3)

Best time in the category: 1:43:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.20	54:04	5:52	2	4:51	68	22:33	9.20	54:04	5:52	2	4:51	68	22:33
Runde	9.00	55:54	6:12	2	2:22	70	24:17	18.20	1:49:58	6:02	2	7:13	69	46:50
Finish	0.30	1:08	3:46	2	0:04	79	0:31	18.50	1:51:06	6:00	2	7:17	70	47:21