



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Eileen Bergmann

Total time: 1:58:45

Number: 303

Speed: 9.09 km/h

Running performance: 6:25 min/km

Course: 18.50 km

Rank in course/Total: 92 (of 112)

Lange Strecke

Rank in course/Women: 17 (of 25)

Best time in course: 1:19:43

Category:

Rank in category: 3(of 3)

Seniorinnen W40 (40-44) L

Best time in the category: 1:41:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.20	55:48	6:03	3	5:31	16	16:26	9.20	55:48	6:03	3	5:31	16	16:26
Runde	9.00	1:01:52	6:52	3	11:14	22	22:15	18.20	1:57:40	6:27	3	16:45	17	38:41
Finish	0.30	1:05	3:36	3	0:21	16	0:21	18.50	1:58:45	6:25	3	17:06	17	39:02