



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Christiane Stöckigt

Number: 477

Course: 9.30 km

Nordic Walking

Category:

Nordic Walking Frauen

Total time: 1:27:33

Speed: 6.17 km/h

Running performance: 9:24 min/km

Rank in course/Total: 29 (of 42)

Rank in course/Women: 17 (of 29)

Best time in course: 1:11:24

Rank in category: 17(of 29)

Best time in the category: 1:11:24