



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Carina Krauße

Club: SV 90 Gräfenroda e. V.

Number: 464

Course: 9.30 km

Nordic Walking

Category:

Nordic Walking Frauen

Total time: 1:36:40

Speed: 5.59 km/h

Running performance: 10:23 min/km

Rank in course/Total: 36 (of 42)

Rank in course/Women: 23 (of 29)

Best time in course: 1:11:24

Rank in category: 23(of 29)

Best time in the category: 1:11:24