



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Sabine Lugauer

Total time: 1:40:47

Number: 469

Speed: 5.36 km/h

Running performance: 10:50 min/km

Course: 9.30 km

Rank in course/Total: 38 (of 42)

Nordic Walking

Rank in course/Women: 25 (of 29)

Best time in course: 1:11:24

Category:

Rank in category: 25(of 29)

Nordic Walking Frauen

Best time in the category: 1:11:24