



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Silke Ehrhardt

Total time: 2:06:09

Number: 483

Speed: 4.42 km/h

Running performance: 13:33 min/km

Course: 9.30 km

Rank in course/Total: 40 (of 42)

Nordic Walking

Rank in course/Women: 27 (of 29)

Best time in course: 1:11:24

Category:

Rank in category: 27(of 29)

Nordic Walking Frauen

Best time in the category: 1:11:24