



# 19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

## Detailed evaluation

Thomas Schmidt

Total time: 1:03:58

Number: 474

Speed: 8.44 km/h

Running performance: 6:52 min/km

Course: 9.30 km

Rank in course/Total: 2 (of 42)

Nordic Walking

Rank in course/Men: 2 (of 13)

Best time in course: 1:03:31

Category:

Rank in category: 2(of 13)

Nordic Walking Männer

Best time in the category: 1:03:31