



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Rolf Weinberger

Club: Your Sport Event e.V.

Number: 478

Course: 9.30 km

Nordic Walking

Category:

Nordic Walking Männer

Total time: 1:10:22

Speed: 7.93 km/h

Running performance: 7:33 min/km

Rank in course/Total: 6 (of 42)

Rank in course/Men: 6 (of 13)

Best time in course: 1:03:31

Rank in category: 6(of 13)

Best time in the category: 1:03:31