



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Andreas Raabe

Total time: 1:22:46

Number: 488

Speed: 6.52 km/h

Running performance: 8:53 min/km

Course: 9.30 km

Rank in course/Total: 19 (of 42)

Nordic Walking

Rank in course/Men: 10 (of 13)

Best time in course: 1:03:31

Category:

Rank in category: 10(of 13)

Nordic Walking Männer

Best time in the category: 1:03:31