



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Jürgen Machalet

Number: 470

Course: 9.30 km

Nordic Walking

Category:

Nordic Walking Männer

Total time: 1:24:53

Speed: 6.36 km/h

Running performance: 9:07 min/km

Rank in course/Total: 23 (of 42)

Rank in course/Men: 12 (of 13)

Best time in course: 1:03:31

Rank in category: 12(of 13)

Best time in the category: 1:03:31