



## 19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

### Detailed evaluation

Pierre Heyder

Total time: 1:30:15

Number: 461

Speed: 5.98 km/h

Running performance: 9:42 min/km

Course: 9.30 km

Rank in course/Total: 32 (of 42)

Nordic Walking

Rank in course/Men: 13 (of 13)

Category:

Best time in course: 1:03:31

Nordic Walking Männer

Rank in category: 13(of 13)

Best time in the category: 1:03:31