



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Patrik Chrzan

Total time: 56:42

Number: 19

Speed: 9.52 km/h

Running performance: 6:05 min/km

Course: 9.30 km

Rank in course/Total: 153 (of 239)

Kurze Strecke

Rank in course/Men: 104 (of 140)

Best time in course: 32:54

Category:

Rank in category: 16(of 20)

Senioren M30 (30-34)

Best time in the category: 35:41