



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Robin Keller

Club: FC Carl Zeiss Jena

Number: 78

Course: 9.30 km

Kurze Strecke

Category:

Senioren M30 (30-34)

Total time: 1:02:06

Speed: 8.70 km/h

Running performance: 6:40 min/km

Rank in course/Total: 194 (of 239)

Rank in course/Men: 125 (of 140)

Best time in course: 32:54

Rank in category: 19(of 20)

Best time in the category: 35:41