



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Hieu Pham Trung

Total time: 1:08:17

Number: 123

Speed: 7.91 km/h

Running performance: 7:20 min/km

Course: 9.30 km

Rank in course/Total: 224 (of 239)

Kurze Strecke

Rank in course/Men: 134 (of 140)

Best time in course: 32:54

Category:

Rank in category: 20(of 20)

Senioren M30 (30-34)

Best time in the category: 35:41