



## 19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

### Detailed evaluation

**Marcus Müller**

Club: TEAM TEAG Thüringer Energie

Number: 116

Course: 9.30 km

Kurze Strecke

Category:

Senioren M35 (35-39)

Total time: 38:03

Speed: 14.19 km/h

Running performance: 4:05 min/km

Rank in course/Total: 8 (of 239)

Rank in course/Men: 7 (of 140)

Best time in course: 32:54

Rank in category: 2(of 15)

Best time in the category: 35:57