



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

Rene Schmit

Total time: 42:09

Number: 147

Speed: 12.81 km/h

Running performance: 4:31 min/km

Course: 9.30 km

Rank in course/Total: 23 (of 239)

Kurze Strecke

Rank in course/Men: 19 (of 140)

Best time in course: 32:54

Category:

Rank in category: 5(of 23)

Senioren M40 (40-44)

Best time in the category: 32:54