



19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

Detailed evaluation

André Boßecker

Total time: 53:47

Number: 205

Speed: 10.04 km/h

Running performance: 5:46 min/km

Course: 9.30 km

Rank in course/Total: 114 (of 239)

Kurze Strecke

Rank in course/Men: 83 (of 140)

Best time in course: 32:54

Category:

Rank in category: 14(of 23)

Senioren M40 (40-44)

Best time in the category: 32:54