



# 19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

## Detailed evaluation

Stefan Wolf

Total time: 58:53

Number: 189

Speed: 9.17 km/h

Running performance: 6:19 min/km

Course: 9.30 km

Rank in course/Total: 175 (of 239)

Kurze Strecke

Rank in course/Men: 116 (of 140)

Best time in course: 32:54

Category:

Rank in category: 18(of 23)

Senioren M40 (40-44)

Best time in the category: 32:54