



# 19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

## Detailed evaluation

Gilles Igloi

Total time: 59:01

Number: 412

Speed: 9.15 km/h

Running performance: 6:20 min/km

Course: 9.30 km

Rank in course/Total: 177 (of 239)

Kurze Strecke

Rank in course/Men: 117 (of 140)

Best time in course: 32:54

Category:

Rank in category: 19(of 23)

Senioren M40 (40-44)

Best time in the category: 32:54