



Jonastaler Challenge 2024 - powered by Sparkasse Arnstadt-Ilmenau
 Jonastal 33 in Arnstadt / 22.06.2024

Detailed evaluation

Siegfried Miosga

Club: GM Rennsteiglaufverein
 Number: 273

Course: 24.80 km
 Einzelzeitfahren-RR

Category:
 Jedermann Senioren 4 RR

Total time: 49:07

Speed: 29.32 km/h
 Running performance: 1:58 min/km

Rank in course/Total: 76 (of 80)

Rank in course/Men: 71 (of 74)

Best time in course: 33:33

Rank in category: 9(of 9)

Best time in the category: 36:52

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Wendestelle | 12.40 | 30:50 | 2:29 | 9 | 8:55 | 68 | 11:02 | 12.40 | 30:50 | 2:29 | 10 | 8:55 | 71 | 11:02 |
| Finish | 12.40 | 18:18 | 1:28 | 8 | 3:20 | 66 | 4:33 | 24.80 | 49:07 | 1:58 | 9 | 12:15 | 71 | 15:34 |