



Jonastaler Challenge 2024 - powered by Sparkasse Arnstadt-Ilmenau  
 Jonastal 33 in Arnstadt / 22.06.2024

Detailed evaluation

Siegfried Miosga

Club: GM Rennsteiglaufverein  
 Number: 273

Course: 24.80 km  
 Einzelzeitfahren-RR

Category:  
 Jedermann Senioren 4 RR

Total time: 49:07

Speed: 30.30 km/h  
 Running performance: 1:58 min/km

Rank in course/Total: 76 (of 80)

Rank in course/Men: 71 (of 74)

Best time in course: 33:33

Rank in category: 9(of 9)

Best time in the category: 36:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	12.40	30:50	2:29	9	8:55	68	11:02	12.40	30:50	2:29	10	8:55	71	11:02
Finish	12.40	18:18	1:28	8	3:20	66	4:33	24.80	49:07	1:58	9	12:15	71	15:34